

Yellow Belt

PART A	HAPKIDO		
Basics	<ul style="list-style-type: none"> - Danjon breathing - 4 direction step - Side break fall (low) - 180 turn/step - Basic rocking/rolling - Back break fall (low) 		
Strikes	<ul style="list-style-type: none"> - Straight punch - Knife hand strike - Spear hand strike - Upright punch - Thumb jab 		
Blocks	<ul style="list-style-type: none"> - Palm down block - Upper cross block - Inward block - Lower cross block - Outward block 		
Kicks	<ul style="list-style-type: none"> - Front kick - Inside Crescent - Lower cross kick - Side kick - Outside Crescent - Roundhouse kick 		
Sparring	<ul style="list-style-type: none"> - Basic sparring (low contact) - One directional sparring against one, basic 		
PART B	Yellow I	Yellow II	Yellow III
Self Defence	<ul style="list-style-type: none"> - Outside wrist release (5) - Outside wrist hit (7) 	<ul style="list-style-type: none"> - Two hand wrist hit (5) - Attack joint twist (10) 	<ul style="list-style-type: none"> - Strike sparring (11) - Inside wrist joint (10)
Weaponry			<ul style="list-style-type: none"> - Short stick pattern



TAN'S HAPKIDO

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Blue Belt

PART A	HAPKIDO		
Basics	<ul style="list-style-type: none"> - Danjon breathing - 4 direction step - Side break fall (low) - 180 turn/step - Basic rocking/rolling - Back break fall (low) 		
Strikes	<ul style="list-style-type: none"> - Circle thumb strike - Double elbow strike - Arc hand strike - Twisting punch - Back fist strike 		
Blocks	<ul style="list-style-type: none"> - Double side block - Outward twist block - Outward block catch - Palm side block - Inward block catch 		
Kicks	<ul style="list-style-type: none"> - Back kick - Outward circle kick - Thigh heel kick - Inward circle kick - Knife push kick 		
Sparring	<ul style="list-style-type: none"> - Basic sparring (low contact) - One directional sparring against two, basic 		
PART B	Blue I	Blue II	Blue III
Self Defence	<ul style="list-style-type: none"> - Against punch I (10) - Against front kick (6) 	<ul style="list-style-type: none"> - Outside wrist joint (10) - Joint sparring (15) 	<ul style="list-style-type: none"> - Front sleeves joint (11) - Outside wrist throw(5) - Against side kick (5)
Weaponry	<ul style="list-style-type: none"> - Short stick attack (10) 	<ul style="list-style-type: none"> - Short stick against punch (10) 	<ul style="list-style-type: none"> - Long stick basics - Long stick pattern I & II



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Red Belt

PART A	HAPKIDO		
Basics	<ul style="list-style-type: none"> - Danjon breathing - Four direction step w/jab - Forward roll to jump front break fall - 180 turn/step - Jump forward rolling 		
Strikes	<ul style="list-style-type: none"> - Various strikes from self defence sets 		
Blocks	<ul style="list-style-type: none"> - Various blocks from self defence set 		
Kicks	<ul style="list-style-type: none"> - Spinning heel kick - Jumping knee strike - Axe kick - Skip roundhouse kick - Twisting kick 		
Sparring	<ul style="list-style-type: none"> - Free sparring - One directional sparring against two & three 		
PART B	Red I	Red II	Red III
Self Defence	<ul style="list-style-type: none"> - Neck band joint (10) - Belt joint (11) 	<ul style="list-style-type: none"> - Neck, elbow, wrist from behind I (9) - Two hand catch (15) - Two hand throw (5) 	<ul style="list-style-type: none"> - Attack throw (5) - Double hand catch (10) - Against punch II (10)
Weaponry	<ul style="list-style-type: none"> - Long stick pattern III - Long stick pattern IV 	<ul style="list-style-type: none"> - Long stick one-step (13) - Long stick cross pattern 	<ul style="list-style-type: none"> - Walking cane basics - Walking cane against punch I (15)



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Hapkido Grading Syllabus

3/10/2011

Grade	Self Defence	Weapon
1 st Dan	Police lock (11) Attacking throw (5) Aggressive attack with fixing Empty hand pattern	Short stick & Long stick revision Cane Advanced 1-10 Bokken pattern 1
2 nd Dan Bo	Sitting (11) Aggressive attack with fixing Against front & side kick (11) Joint Sparring Single	Bokken 1step Bokken pattern 1 & 2
2 nd Dan	Sitting (11) Aggressive attack with fixing Against kicks (19) Strike Sparring with fixing	Bokken 1step, pattern 1 & 2 Long Stick Advanced pattern knife attack (12)
3 rd Dan Bo	Aggressive attack with fixing Against Kicks (19) Outside Wrist 11-15 Joint Sparring Single & Multi	Bokken 1 Step, pattern 2 Long Stick pattern Advanced Short stick pattern 1 Cane Advanced 1-10 Knife attack (1-12, 13-24)
3 rd Dan	Aggressive attack with fixing Against Kicks (19) Joint Sparring Single & Multi Strike Sparring with fixing Outside Wrist 11-15 Inside Wrist 11-15	Short stick pattern 1 Bokken 1step, pattern 2 Long Stick Advanced pattern Knife Advance (13-24) Cane Advanced 11-20
4 th Dan bo	Aggressive attack with fixing Against Kicks (19) Outside Wrist 11-15 Inside Wrist 11-15 Double Hand catch 11-15 Joint Sparring Single & Multi Strike Sparring with fixing	Bokken pattern 2 Long Stick pattern advanced Knife (13-24) Cane Advanced 11 – 20 Fan (7) Belt Basic (12)
4 th Dan	Previous sets with fixing 4 Page Essay (2000 words)	Bokken pattern 2 Long Stick pattern advanced Knife (13-24) Cane Advanced 11 – 20 Fan (7) Belt Advanced (12)
5 th Dan Bo	Previous sets with fixing 7 Page Essay (3000 words)	Any Previous set
5 th Dan	Previous sets with fixing left & right Against 2 opponents (10)	Any Previous



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SUNSUL	Against wrist grab
<i>Sonmoksul</i> <i>Yuk Sonmoksul</i> <i>Ohtsul / Euiboksul</i> <i>Sangsoo</i> <i>Yang Sonmuksul</i>	<i>Same side wrist grab techniques</i> <i>Cross side wrist grab techniques</i> <i>Clothing grab techniques</i> <i>One hand grasped with two</i> <i>Both hands grasped techniques</i>

MUKISUL	Weapons
<i>Boochaisul</i> <i>Bongsul</i> <i>Dangum</i> <i>Danbong</i> <i>Gumsul</i> <i>Jeepangesul</i> <i>Mokgum</i> <i>Phobaksul</i>	<i>Fan</i> <i>Staff (long stick)</i> <i>Wooden practice knife</i> <i>Short stick</i> <i>Sword</i> <i>Cane</i> <i>Wooden sword</i> <i>Belt</i>

HOSHINSUL	Self Defence techniques
<i>Kwan Jyel Sul</i> <i>Yu Sul</i> <i>Kwon Sul</i> <i>Jok Sul</i> <i>Yun Raing Sul</i> <i>Eui Bok Sul</i> <i>Dwee Cree Kee Sul</i> <i>Bhang Jok Sul</i> <i>Too Kee</i> <i>Wa Kee</i> <i>Zwa Kee</i> <i>Bhang Kwon Sul</i>	<i>Locking and pinning techniques</i> <i>Throwing techniques</i> <i>Striking techniques</i> <i>Kicking techniques</i> <i>Carrying Techniques</i> <i>Clothing Grabs</i> <i>Counter Techniques</i> <i>Defense Against Kicks</i> <i>Defense Using Throws</i> <i>Lying down Self-Defense</i> <i>Seated Self-Defense</i> <i>Striking Pressure points</i>



TAN'S HAPKIDO

- photo
- grading book
- fee

HAPKIDO MOOHAKKWAN

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 17 Clifton Place, Cherrybrook, NSW 2126, Australia
 Tel : 02 9634-7595, Fax 02 9634-2595

GRADING APPLICATION

_____ DAN

NAME: _____ PRESENT GRADE: _____
 DATE OF BIRTH: _____ DATE JOINED: _____
 PHONE: _____ LAST GRADING: _____
 NATIONALITY: _____ BELT SIZE: _____

Taking this opportunity, I do again solemnly pledge that I will observe the rule and discipline of Hapkido Moohakkwan, will respect instructor and all seniors, will be courteous and obedient and will be loyal for promoting Hapkido Moohakkwan. If I violate this pledge, I will return the Dan certificate.

DATE: _____ Application Sign _____

	Comments	Score
Basics	
Kicking		
S Defence 1	
S.Defence 2	
Weapons		
Sparring		
Total		

Result	Score	Promoted Grade	Signature



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