

WHY TRAIN AT TANS





Introduction

At Tan's, we would like to send a clear message to the community as to why everyone should learn Taekwondo. The benefits of taekwondo go way beyond self-defence. It can help in all aspects of one's life.

- health and fitness
- self confidence
- focus and concentration
- respect and discipline.

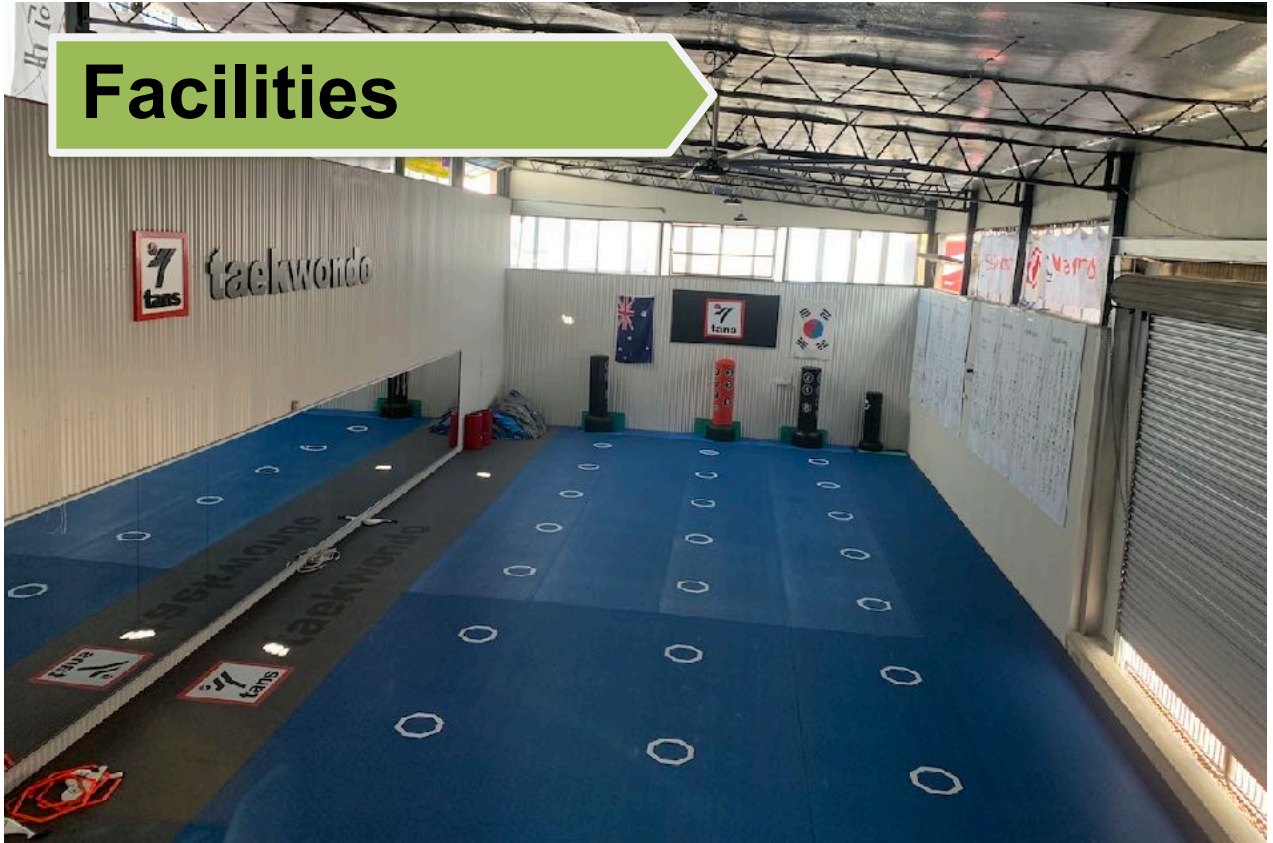
In this day and age of escalating obesity, increased bullying and deteriorating society, if you do nothing else, you should learn Taekwondo.

Please read on and discover why we are unique.

Grandmaster Michael Tan



Facilities



Most martial arts schools operated out of a community hall. In 2010 we built our own 400sqm Taekwondo centre with the student in mind. Whilst many closed down during covid, we were able to forge ahead and have improved our standing in the community.



Who we are



A part-time instructor does not have the knowledge and wisdom of a professional. Grandmaster Michael Tan - 9th dan, is one of the highest ranks in Australia. He began his journey in 1973 and has been teaching since 1982. Master Claudia Tan - 7th dan is one of the highest ranking females in Queensland.

Grandmaster Tan has also represented Australia as a player, coach and part of the success 2000 Olympic team.



Commitment



Our instructors are all highly trained black belts. Apart from exceptional Taekwondo skills, they portray enthusiasm, patience, compassion and understanding. We also stress the importance of respect, courtesy and restraint.

We believe in our students. “I am who I think you think I am” – if a student feels that our instructor believes in them, then they will believe in themselves.

Classes



Most schools operate 1 or 2 classes a night for all ages together. We operate 4 classes per night, 6 days per week and maintain a 7:1 ratio of instructors to children. We have over 30 black belts training and assisting in your development.

Class	Ages	Mon to Fri	Saturday
Tigers beginners	4 - 7 yrs	4.00 pm	9.00 am
Juniors	7 - 11yrs	4.30 pm	9.30 am
Leaders (Adv Jnrs)	7 - 11yrs	5.15 pm	10.15 am
Seniors (12 and over)	12+ yrs	6.00 pm	11.00 am



Sustainability



Tans has been around since 1982 and is one of the longest running schools in Queensland. Most schools have between 10 - 30 students. 250 students from 4 – 60 years old train every week at our centre. Beginners are always welcome with a 30 mins private assessment.

Get started.

Book in for complimentary assessment – www.tans.com.au

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